

my housework, could only wash dishes once in a while. I read an

what Lydia E. Pinkham's Vegetable
Compound had done for other women
and decided to try it. It surely did
wonders for me. I have no pains now
and I can do my housework without
any trouble at all. I will always praise
your medicine as I do not believe there
as a doctor that can do as much good
in female weakness, and you may use temale weakness, and you may use se facts as a testimonial."—Mrs. STER E. WARNER, R. 1, Box 69,

Thereason women write such letters to the Lydia E. Pinkham Medicine Co. the Lydia E. Pinkham Medicine Co.

Ind tell their friends how they are helpd is that Lydia E. Pinkham's Vegeable Compound has brought health
and happiness into their lives. Freed
from their illness they want to pass the
cod news along to other suffering women that they also may be reliaved.

LET "DANDERINE" SAVE YOUR HAIR

Get Rid of Every Bit of That Ugly Dandruff and Stop Falling



To stop falling hair at once and rid the scalp of every particle of dandruff, get a small bottle of "Danderine" at any drug or toilet counter for a few cents, pour a little in your hand and rub well into the scalp. After several applications all dandruff usually goes and hair stops coming out. Every hair in your head soon shows new life, vigor, brightness; thickness and more color.—Adv.

Norwich university. All gave stirring speeches which were enjoyed by the guests. Ralph A. Sawyer from North-guests. Ralph A. Sawyer from North-guests. Ralph A. Sawyer from North-guests. Platka, field high school gave a hearty welcome from the school and Robert T. Platka, from Burlington high school, responded.

Dean G. H. Perkins of the state committee had charge of the organization of the conference. Lieut. Gov. Mason H. Stone gave an excellent address, taking for his subject. "Americanism."

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The engineering work is now well under way.

Centuries age, at the beginning of "America" by all. Rev. G. W. Hinckley

OPPOSITION IN GERMANY.

To Unified German State Bavaria and Saxony Protest.

Berlin, Jan. 26.-The suggestion originating in the Prussian Diet that the national government sound the sentiments of the federated states on the question of creating a unified German state has aroused opposition in Bavaria and Saxony. The proposal was in-

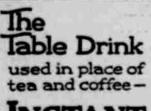
and requested the Bavarian government to direct their efforts in that di-

Gradneuer, expressed the belief that the present moment is not the time for ity in Berlin and that such disinclination would serve as a check to the aspirations of Berlin.

Old Laws and New Ships.

like great maritime nations, the United States can never again be pointed out as the only one giving no body or inlividual the authority to investigate naritime casualties. Yet that is the only one given the control of the casualties and Young Men's Christian as nals cannot be emptied into the North sea. The water of the lake will be let out into the North sea through five Scouts of America, Rev. H. B. Rankins.

At 3:30 in the afternoon the boys the dike. has swiftly outgrown his legal apparel the provisions of government steam-soat inspection is one of the legislative asks to be attacked with the full en-



INSTANT

Postum Costs less to comfort as well as to

No Raise In Price.

purse.

NEARLY 400 IN ATTENDANCE

At 8th Annual Conference of Older Boys of Vermont at Northfield

INSPIRING MEETINGS WERE CARRIED OUT

Boys Were Shown About Norwich University

on Saturday

Northfield, Jan. 26.- The eighth annual conference of the Older Boys of the Green Mountain state was held in Northfield, beginning Friday afternoon and continuing through this morning. Neraly 400 boys attended the sessions. epresenting many churches and organzations for boys in the state.

The boy scouts, under the direction of Scoutmaster O. C. Taylor, also the members of the Y. M. C. A. at Norwich One of World's Greatest Engineering miversity, under the direction of their ecretary, Alfred Graham, assisted in he entertaining of the boys while they vere in Northfield.

This conference was arranged by the state committee of Young Men's Chrisof Northfield Commercial club. ladies of the town.

The executive committee having the

Friday afternoon the delegates met at Guild hall and registered and were assigned to their homes. At 6:45 the ladies of Northfield served a banquet in many thousands of acres which always ernment to give a definite "yes" or "no" done to the good food, Major A. W. Peach called the gathering to order and acted as toastmaster for the occasion.

According to pre-war

The evening's program was opened by music by Norwich university orchestra, followed by delegation cheers, songs and after supper welcomes.

Zee would have cost approximately \$88,800,000, but, with the increased cost of labor and materials in the past six and after supper welcomes.

Major Peach colled upon ex-Congress-

man Frank Plumley, who welcomed the boys to Northfield in behalf of the town; Rev. G. H. Redding, paster of the Methodist church, welcomed them for state, through rental of the land rethe churches of the town, and Lieut, claimed, expects the scheme to pay for Col. H. R. Roberts, acting president, for itself within a few years and there-Norwich university. All gave stirring after yield a handsome revenue.

"America" by all. Rev. G. W. Hinckley the Christian era when the Romans gave a splendid address, taking for his had their settlements in Holland, much subject, "The Building of a Trail." Nor- of the space now occupied by the Zuy-

gathered in the Methodist church for the morning session. The meeting opened with an organ voluntary by the majority of the Bavarian people are unalterably opposed to any scheme that tends to obliterate the time honored prerogative of the state.

In a general debate on the issue in the Bavarian Diet, the parties, with the Bavarian Diet, the parties, with the dependents, opposed the scheme. The

Graham, Y. M. C. A. secretary at Norwich university, rendered a baritone solo. Following the meeting a group conference was held, the boys dividing lake of 600 square miles, which will act

Ilvidual the authority to investigate went to Norwich university, where naritime casualties. Yet that is the they were entertained by military drill, ase at present. The commercial giant evening parade and retreat by the Nor- Part of it is expected to be dry within nsofar as it relates to ships. A thor-sugh codification of our navigation laws and a weeding out of anachronisms from

rgy of the American spirit.

Having advanced so far already in held at the Methodist church, opening with organ voluntary, and song service.

N. U. spoke on college athletics. Sergt. Maj. William H. Adams spoke on "Re-membering the Other Fellow at Nor-

Norwich university Glee club rendered several musical selections throughout the program.

Quits. A suspicious-looking customer was boasting to a grocer of the cheapness of 10 pounds of sugar he had bought at a Sure

"Let me weigh the package," said the grocer.

The other assented, and it was found

we pounds short.

The man looked perplexed for a moment and then said: "I don't think he heated much, for while he was getting the sugar I porketed two tins of con-densed milk."-Edinburgh Scotsman.

More Finite Than Ever.

Bix-Do you believe in the tality of souls? Dix-Well, not in the case



trouble vanish

Don't be a martyr to eczema or any such itching, burning skin affection any longer. Put an end to the suffering with Resinol Ointment. In most cases it gives instant relief and quickly clears the eruption away.

HOLLAND WILL TAKE MORE LAND FROM SEA

Projects, the Reclaiming of the Zuyder Zee, Will Be Started This Year.

The Hague, Jan. 26 .- Work is to betian association with the co-operation gin this year on the reclaiming of the ers are entering upon a nation-wide the Zuyder Zee, one of the world's great- campaign to "educate" the public in churches, Norwich university and the est engineering projects, by which it is ladies of the town. proposed to restore to Holland within movement. An attempt will be made 35 years what was once here but was to show that state ownership and co-

When the work is finished, not only armory hall. After full ustice was have been beneath the sea will be answer to the question. Then it wi

> According to pre-war estimates the years, it is now believed the cost will be well in excess of \$125,000,000. The

dependents, opposed the scheme. The and a member of the New York Astronomical that they unconditionally favored it farmer on a farm which has been in his ber of the state council which will carry

service photographs were taken of the will be 30 miles long, stretching delegation of boys attending the conference.

Wieringen to the Frisian coast, where dia, China and the Far East. Another the water ranges in depth from 33 to feature of the enterprise is a system of show rooms to be established in value.

and attending meetings as follows:

College, high and preparatory school,
Clarence P. Sheed in charge; members
of clubs and Young Men's Christian as-

now lies 13 feet beneath the sea level. wich corps of cadets, the Norwich band 14 years, as pumping out will begin as furnishing music. They were then tak-

itrauge that the United States should, it the same time, have outgrown its tavigation laws. They have served the ourpose of their day. We are no longer tecrner grocery nation; neither are we stern-wheel steamboat nation. But nur progress has caused a natural, and site of Norwich university spoke on "One Hundred Years of Military Education." Coach Charles L. Hoernie of N. U. spoke on college athleties. Sergt.

Maj. William H. Adams spoke on "Remembering the Other Fellow at Nor-" that George IV, inaugurated his reign by holding the trial of his wife. The Field of the Cloth of Gold (1520), the drowning of Prince William, the or son of Henry I. (1120) are among the other events of the '20's.—London Ob-



BODY WAS FOUND IN HOTEL RUINS

And There Are Fears That More People Lost Their Lives

IN HOFMAN HOTEL AT DETROIT TO-DAY

Lights Were Extinguished Almost as Soon as the Fire Started

Detroit, Mich., Jan. 26.- The body of an unidentified man was recovered early to-day from the ruins of the Hofman hotel, destroyed by fire which broke out shortly after midnight and continued until daybreak. Fire Chief Callahan expressed the opinion, that several others had been unable to escape, as all the lights in the hotel were extinguished almost as soon as the fire started.

SCHOOL OF NATIONALIZATION.

Is Being Conducted By British Coal

Miners. London, Jan. 26.-British coal min-

matter in charge was Rev. J. B. Sar. 35 years what was once hers but was to show that state ownership and operative management of mines would benefit the miner, the consumer and the public treasury.

depend upon the tenacity with which the two sides stand by their guns as to whether a general election will be entire work of reclaiming the Zuyder fought out with nationalization as the

Aside from the dispute between rail way men and the government wages prospects of industrial peace in Great Britain are regarded by the government and the trade unionists as bright er than at any time since the co sion of the war.

Government and labor leaders fore east a period of serenity and increased production for which they have long eaded as the first essential in re-es tablishing the country on a firm ec nomic basis.

Several thousand moulders have been on strike for 13 weeks, but it is de clared a large number of them have entered other employment.

dive to the new possibilities of world trade which have opened up since the signing of the armistice, and especially wich university orchestra furnished der Zee was land and the south part of to the enterprise which is being shown music throughout the evening. The the present sea was a lake called Flevo. by some of the larger countries of Euto the enterprise which is being shown meeting was a most interesting one. Northwest tempests swept the North filled with keen enthusiasm.

Saturday, the second day of the conland between the sea and the lake. One land between the sea and the lake. One for example the remarkable undertakference, brought several more, swelling large, shallow body of water—the Zuymorning at 9 o'clock the delegation The towns situated on its banks of overseas trade under the lead of Sir gathered in the Methodist church for throve as the merchantmen came into Hamar-Greenwood. That organization

For the realization of these aims the department has planned a series of traveling exhibitions for publicity purhat they unconditionally ravored it farmer on a farm which has been in its and requested the Bavarian government to direct their efforts in that discretion.

The song service throughout the morning was led by H. C. Wilson of Lyndonville. Following the morning was led by H. C. Wilson of Lyndonville. Following the morning was led by H. C. Wilson of Lyndonville. Following the morning was led by H. C. Wilson of Lyndonville. Following the morning was led by H. C. Wilson of Lyndonville. Following the morning was led by H. C. Wilson of Lyndonville. Following the morning was led by H. C. Wilson of Lyndonville. Following the morning will be 30 miles long, stretching from will be 30 miles long, stretching from America, Australia, New Zealand, In-America, In-America, In-America, In-America, In-America, In-America, In-Amer the federated states. He said he believed that the Berlin official quarters were inadequately posted in respect to the South German opposition to the South German opposition to the hasty centralization of all authority in Berlin and that were inadequately and the federated states. He said he believed that the Berlin official quarters and devotionals. The principal address and devotionals. The principal address and devotionals. The principal address and devotionals are to the feature of the enterprise is a system of show rooms to be established in various parts of continental Europe, one dike. Its construction will take nine to the feature of the enterprise is a system of show rooms to be established in various parts of continental Europe, one set of them permanently located, the other to form portable stores, well provided with display windows which the feature of the enterprise is a system of show rooms to be established in various parts of continental Europe, one set of them permanently located, the other to form portable stores, well provided with display windows which the feature of the enterprise is a system of show rooms to be established in various parts of continental Europe, one set of them permanently located, the other than the feature of the enterprise is a system of show rooms to be established in various parts of continents. set of them permanently located, the other to form portable stores, well provided with display windows, which can be moved from place to place. A third if them in the program is the admiralty's allotment of five or six berths on each foreign-bound warship to business men or their representatives under an arrangement which will require such passengers to pay only for their food; so many have taken advantage of this convertingly. The series are to fine the process and most tender cuts of meat to the spoon is dipped into the hot gresse or liquid that the cheaper and tougher cuts are to be discarded or left with the butcher to dispose of, not realizing if they purboke the dough will not adhere to the spoon.

Every kitchen should have its first add shelf, on which should be a bottle of peroxide, witch hazel ointment for burns and scalds, vaseline, a pair of many have taken advantage of this convertenity that there is already a selection of the cheaper cuts of meat naturally be most nutritious and that the cheaper and tougher cuts of meat naturally be most nutritious and that the cheaper and tougher cuts are to discarded or left with the butcher to be discarded or left with the butcher to dispose of, not realizing if they purboke the dough will not adhere to the spoon.

Every kitchen should have its first add shelf, on which should be a bottle of peroxide, witch hazel ointment for burns and scalds, vaseline, a pair of scissors, cotton gauze and string. This

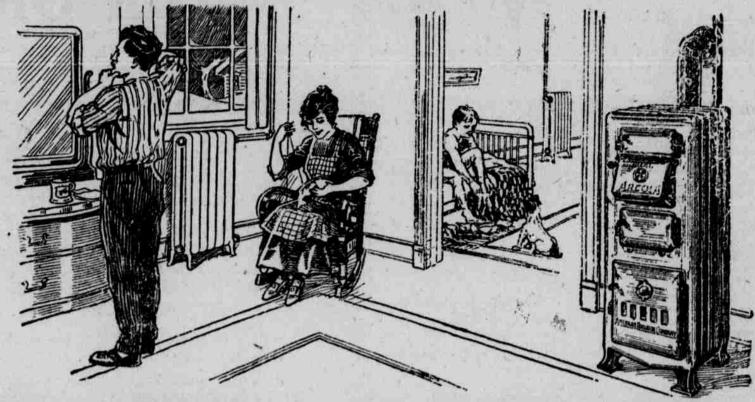
Meanwhile the department is con-

time-honored and reliable,

take Scott's Emulsion.

It is known everywhere by the "Mark of Efficacy"—the Fisherman

Heat all rooms alike \$118 Gives you a lifetime of low-cost heating



New IDEAL-Arcola Radiator-Boiler

The IDEAL-Arcola is one of the world's newest and greatest of inventions. It is unique—being both a Boiler and a Radiator. Takes the place of a parlor stove, and distributes heat to the rooms, and through its water-jacket conveys the excess heat to connecting AMERICAN Radiators stationed in adjoining rooms. There is no coal-waste! Unlike

stoves and hot-air furnaces, the IDEAL-Arcola with its water-backed surfaces does not burn out or rust out-it will easily outwear the building in)

or decreased in size (Note that 65% of all buildings are altered in size.) Legs cannot be kicked out, as with stoves-hence no fire-risk to building. Does not overheat-hence no danger to children. The soft, radiant, healthful, cleanly warmth changes a house into a home. The Arcola may be painted or enameled in any shade or color to match woodwork or decora-

tions. It is not obtrue we like a stove but may be painted to harmonize with any furnishings.

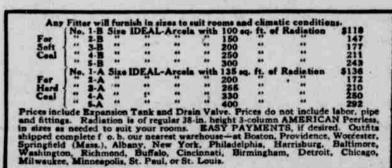
Heats the most and costs least!

The Arcola and the AMERICAN Radiators are made in sections or units and can be increased

Shipped complete ready to operate

The beauty of the IDEAL-Arcola method is that no cellar is needed. Everything is on one floor. If there are two or more tenants in the building, each can have his own Arcola and make the temperature to suit his own needs-can make his own climate! If you do not wish at first to heat the entire building, buy a small size IDEAL-Arcola and one or two radiators (at prices lower than herein given) and later on buy extra sections for the IDEAL-Arcola and two or three more radiators to warm more rooms. Investigate at once this greatest value in building equipment.

Catalog showing open views of houses, individual flats, stores, offices, etc., with the IDEAL-Arcola Boiler in position will be mailed (free). Write today



porterhouse and single steaks and the ture that requires long, moist cooking.

129-131 Federal Street

fore repeating on a cut. One of the stantly used.

ize the price of the cuts.

Topics of the Home and House hold.

It is said that a drop of oil of ein namon applied daily to a wart will cause it to disappear.

Modern Priscilla says: When making

many have taken advantage of this opportunity that there is already a shelf should be at some distance from the kitchen stove.-Modern Priscilla.

tinuing its promotion of fairs designed to bring together the British manufacturer and the foreign buyer. The work in this field began in 1915, and the gettogether gatherings have been held anplace one or two of the batteries on soon as the dike is completed. The last of the land is expected to be dry within 35 years."

The Historic 20's.

The 20's have played quite a considerable part in history. The chief of the centenaries to be observed will be that of the sailing of the Mayflower.

The Mayflower were taken and this may been held annually ever since with increasing success. Even at the first fair "foreign buyers were waiting for the opening of the coals and do not disturb them more than is necessary. The carbon will run out and burn brightly and, with the metal, will produce colored flames rivaling the much sought drift-wood in the brilliancy of blues and greens. The metal must become red-hot, and there must be a good bed of the centenaries to be observed will be that of the sailing of the Mayflower.

SOUND HEALTH sound and uninteresting habit of buy-There are, with the skirt steak and

to many thousands is practically a matter of the right use of reliable means of maintaining vitality.

In the skirt steak and hanging tenderloin, 14 distinct cuts of beef, each responding to a particular kind of cookery and effering an opportunity for distinctive seasoning, says Jean Prescott Adams in the Springfield Republicant in Addition to Springfield Republican. In addition there are even several different cuts to many of these 14 regular cuts of meat—there are several styles of steaks, but how many have used the delicious flank steak, a

We want lower prices on our tender meats, but every housewife with a combines palatability, inherent goodly expense account insists that a steer provide loins and prime ribs. We admit we are sensisble in the majority At the first sign of weakness of things but have yet to prove that we do realize that such meat animals have not been created. For every loin of beef there are 13 other cuts besides the extra portions such as heart, liver, kid-



Presidential Timber

resolution to use in its regular order more so, because the blood is drawn to vory beef with no waste at 15 cents a every cut of meat on a side of beef bethe parts in which the muscles are conpound.

extra meat portions could well be every third beef purchase. By equalizing the demand we would automatically equal-the hind quarter is composed of sirloin, cell and thick connective tissue struc-

Nutritive Values.

Prime ribs of the fore quarter. These two commercial cuts being the most ily—two or two and one half pounds for a family of five.

purchase meat in practically the same butcher, no matter what the locality, When putting it to cook be sure to

way. Women have believed for years, will tell you he has no difficulty in sear the fatty juices in first. When as do some even now, that the more disposing of these cuts, but the difficulty in the searing is to be done by sauteing expensive and most tender cuts of meat culty lies in selling the cheaper cuts.